

**PSI Early Graduate Group Conference 2017**

# **Communicating Psychology: Getting the message out there**



## **Conference Guide**



# Schedule

08:30	Registration in <b>Front Hall</b>				
09:00	Keynote lecture by Prof Niall Pender Title: A career in neuropsychology: Translating theory into clinical practice Location: <b>Albert Lecture Theatre</b>				
10:00	Oral presentations - Session 1 See pages 10 & 11 for full presenter listing				
	<b>Room TR2</b> Intellectual and Learning Disability	<b>Room TR3</b> Ageing and Later Life	<b>Room TR4</b> Cognition	<b>Room TR8</b> Mental Illness and Mental Health – Session 1	<b>Albert Lecture Theatre</b> Adolescent and Youth Experiences
11:15	Coffee break in <b>Atrium/Front Hall</b>				
11:45	Oral presentations - Session 2 See pages 11 & 12 for full presenter listing				
	<b>Room TR2</b> Autism Spectrum Disorder and Neuropsychology	<b>Room TR3</b> Psychology and Health	<b>Room TR4</b> Psychology and Society	<b>Room TR8</b> Mental Illness and Mental Health – Session 2	<b>Albert Lecture Theatre</b> Developmental and Educational Psychology
13:00	Lunch and poster viewing in <b>Atrium/Front Hall</b>				
14:00	Workshops				
	<b>Room TR2</b> Health Service Evaluation for Early Career Psychologists	<b>Room TR3</b> Peer Reflective Practice Workshop	<b>Room TR4</b> Job-Seeking for Psychology Graduates	<b>Room TR8</b> Cognitive Behavioral Therapy in Intellectual Disability	
15:30	Coffee break in <b>Atrium/Front Hall</b>				
16:30	Keynote lecture by Dr Gráinne Kirwan Title: Communicating about communicating: Psychological research into online social networks Location: <b>Albert Lecture Theatre</b>				
17:30	Closing ceremony and awards in <b>Albert Lecture Theatre</b>				
17:30	Social gathering in the <b>Porterhouse Central, Nassau St</b>				

# Welcome



On behalf of the Psychological Society of Ireland Early Graduate Group, I am delighted to welcome you all to our fourth annual conference here in the Royal College of Surgeons.

We have an exciting programme ahead of us, with keynote talks from Professor Niall Pender on neuropsychology and Dr Gráinne Kirwan on psychology and social media. We also have a wide ranging variety of excellent workshops for you to choose from on Cognitive Behavioural Therapy in Intellectual Disability,

Health Service Evaluations, Peer Reflective Practice and Job-seeking. I wish I could go to them all!

And of course we have a very high standard of research being presented in the oral and poster sessions. I wish all of you presenters the best of luck!

I remember attending the first EGG conference four years ago as a delegate presenting my research. I was slightly terrified before my presentation, but afterwards I felt such a sense of relief and achievement. I thoroughly enjoyed the day and felt such a sense of community amongst my fellow early career psychologists.

Today is a great opportunity for learning, sharing knowledge and making connections. I hope that you all enjoy it and that your experiences here today help you to follow your chosen career path.

Warm regards,

Maebh O'Connor  
PSI EGG Chairperson

# Acknowledgements

The Early Graduate Group Committee would like to thank the following people for assistance and support:

## *Keynote speakers*

Prof Niall Pender and Dr Gráinne Kirwan

## *Workshop facilitators*

Dr Suzanne Guerin, Dr Penny Rogers, Jeremy Dixon,  
Maebh O'Connor, Katie Doherty, Fiona Lucey, Caroline Wheeler

## *RCSI*

Roisin Moriarty, Anthony Chubb, Niamh Moran, Elaine Carton,  
Paola Della Porta, Cathy O' Bryne, Fiona Nunan

## *PSI*

Loretta Fahey, Agata Western

## *Prizes/Judges*

Maria Pertl, Alanna Donnelly, Fearghal O'Brien, Diane Gillan  
Rós Buí Therapy and Training for prize sponsorship ([www.rosbui.com](http://www.rosbui.com))



## *Sponsorship*

Reads Print and Design, Fyffes, Coca Cola, Centrum Multivitamin, Easy Pen, Brainworx.ie



# Conference Essentials

## Abstracts

Abstracts for oral and poster presentations are available at <http://psieggconference.weebly.com/presentations.html>

## Wi-Fi

EDUROAM is available to all visitors whose institutions are registered with the EDUROAM WIFI service.

Otherwise, you can access RCSI Guest wifi with the following credentials:

Username - rcsiguest

Password - RC\$1Gu3stSep

When posting on social media, please use the hashtag **#PSIEGG2017** and join the conversation!

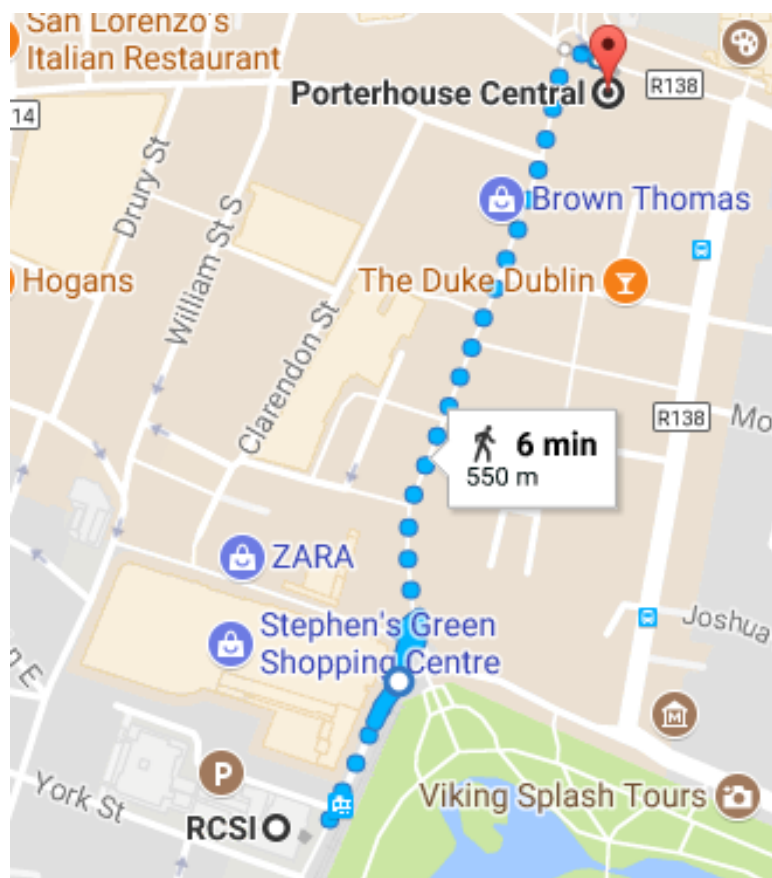
## Social Gathering

Please come and join us for a social gathering at Porterhouse Central on Nassau St after the conference.

To get there from RCSI:

Head northeast on Stephen's Green and take a slight left onto Grafton St.

At the end of Grafton St, turn right onto Nassau St. Porterhouse Central is on the right.



# Keynote Speakers

## Prof Niall Pender



Prof Niall Pender is Principal Clinical Neuropsychologist and Head of Department of Psychology at Beaumont Hospital. He is an Adjunct Associate Professor in Psychology in Trinity College Dublin and an Honorary Senior Clinical Lecturer in the Royal College of Surgeons in Ireland. Prof Pender is the current president of the Irish Brain Council and a past president of the Psychological Society of Ireland. He is a Fellow and Registered Psychologist of the Psychological Society of Ireland and an Associate Fellow and Chartered

Psychologist, British Psychological Society. He is a member of the Board of Directors of Headway Ireland and Research Motor Neurone and a member of the Academic Advisory Panel for MS Ireland. Talk entitled: A career in neuropsychology: Translating theory into clinical practice.

## Dr. Gráinne Kirwan



Dr. Gráinne Kirwan is a chartered psychologist (British Psychological Society) lecturer, researcher and author. Her research focuses on the impacts of psychology and technology on online interactions. Dr. Kirwan conceived and led the development of the MSc in Cyberpsychology at IADT. She co-chairs the Annual CyberPsychology, CyberTherapy and Social Networking Conference, and chairs the Psychological Society of Ireland's Special Interest Group in Media, the Arts, and Cyberpsychology. Dr. Kirwan is an editorial board member for the International Journal Cyberpsychology, Behavior, and Social Networking, and a reviewer for several other journals, conferences and

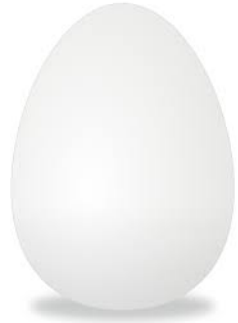
publishers. She has authored four academic books examining cybercrime and online behavior. Talk entitled: 'Communicating about communicating: Psychological research into online social networks'

# Early Graduate Group

## Established in 2012

The PSI Early Graduate Group was founded in 2012 by PSI Council with the main aims of representing graduate members within the society and acting on issues relevant to psychology graduates during the first 10 years of their career and assisting with the development of PSI graduate members.

The PSI Early Graduate Group works in collaboration with the PSI Student Affairs Group, whereby student (affiliate) subscribers, postgraduate members and graduate members automatically become members of both groups.



## Our Goal

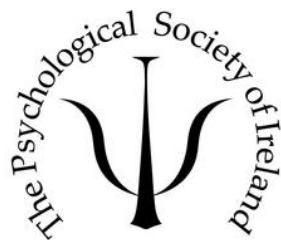
The PSI EGG aims to help psychology graduates to develop their career in the first 10 years after graduation. The group aims to give a voice to graduates within the PSI by addressing issues or difficulties experienced by graduates and representing them on PSI Council. One of the most pertinent issues which we aim to address is the development of a policy document on the regulation and operation of assistant psychologist posts in Ireland.

## How do I join?

Once you join the PSI as a student subscriber, affiliate subscriber or a postgraduate member or graduate member (within the first 10 years of graduating from your undergraduate degree), you automatically become a member of the PSI EGG. If you have any queries around membership please contact us at [earlygraduategroup@gmail.com](mailto:earlygraduategroup@gmail.com).

## How can I help?

If you'd like to join the EGG committee please contact us by email and express your interest to see if there is currently an open role. We also have a yearly meeting every December open to all members where we discuss the previous year, plans for the upcoming year, and confirm the new committee.



Cumann Síceolaithe Éireann  
Early Graduate Group



# Workshops

## **Cognitive Behavioral Therapy in Intellectual Disability**

Dr Penny Rogers, Senior Clinical Psychologist, Offaly Child and Adolescent Mental Health Service

Studies suggest that level of psychopathology in people with intellectual disabilities (ID) is higher than in the general population. Despite this, people with ID have historically been excluded from psychotherapy leaving those suffering from such disorders few options for treatment. More recently this has changed and Cognitive Behavioral Therapy (CBT) has emerged as an effective therapeutic strategy. In this workshop, Dr Penny Rogers, Senior Clinical Psychologist in Offaly CAMHS will outline how CBT is used in this population.

## **Health Service Evaluation for Early Career Psychologists**

Dr. Suzanne Guerin, Senior Lecturer, UCD School of Psychology

Health Service Evaluations play a vital role in establishing the effectiveness, efficiency and value of services within the health care system. Evaluations are increasingly being implemented within the Irish health services and Early Career Psychologists play a key role in carrying out these systematic appraisals. In this 90-minute workshop Dr Suzanne Guerin, Senior Lecturer from UCD, will outline the key processes and skills needed to carry out a rigorous evaluation.

## **Peer Reflective Practice Workshop**

Maebh O'Connor, Katie Doherty, Fiona Lucey, Caroline Wheeler, PSI Early Graduate Group Committee

Committee members from the Early Graduate Group will facilitate discussion and reflection on the experience of Early Career Psychologists in their roles. The workshop will involve discussions of the varied experience of early graduates in Ireland today. Topics will include experiences applying for courses and jobs, lessons learned, positive experiences. The goal is to gain a better understanding of what keeps us motivated and what helps us cope when the psychology career pathway can be challenging. The workshop will take the form of small group discussions and exercises

## **Job-Seeking for Psychology Graduates**

Jeremy Dixon, Chartered Work & Organisational Psychologist and Fellow of the PSI

This workshop will cover research-based methodologies and techniques shown to enhance job-seeking outcomes. Simply, using psychology to find a job in psychology. The identification of skills, and competencies, CV design, impression management, person-organisation fit, as well as what research suggests about the various issues that can influence interviews will be considered

# Oral Presentations

## Session 1

<b>INTELLECTUAL AND LEARNING DISABILITY</b>	
<b>10.00 Room TR2</b>	
<b>Alinura Niyazova</b>	QUALITATIVE EXPLORATION OF IRISH PRIMARY-SCHOOL TEACHERS' EXPERIENCES OF WORKING WITH CHILDREN WHO HAVE SPECIAL EDUCATION NEEDS
<b>Sharon Welby</b>	CREATING GOOD LIVES: AN APPLICATION OF THE GOOD LIVES MODEL TO INDIVIDUALS WITH INTELLECTUAL DISABILITIES AND SEXUAL OFFENDING BEHAVIOUR
<b>Carolyn Holland</b>	EXPERIENCES OF COMMUNITY LIVING FOR ADULTS WITH AN INTELLECTUAL DISABILITY
<b>Conor Connolly</b>	POSITIVES THROUGH PARTICIPATION: EXAMINING THE PSYCHOLOGICAL WELL-BEING BENEFITS OF MEN'S SHEDS FOR MEN WITH INTELLECTUAL DISABILITIES
<b>Caroline Wheeler and Hollie Duff</b>	THE PATH TOWARDS EVALUATING COSÁN
<b>Ageing and Later Life</b>	
<b>10:00 Room TR3</b>	
<b>Marica Cassarino</b>	PLACES TO RECHARGE THE BRAIN: INVESTIGATING THE OUTDOOR ENVIRONMENT AS A CONTRIBUTOR TO COGNITIVE HEALTH IN AGEING
<b>Feargus Fawsitt</b>	STEREOTYPE THREAT IN OLDER ADULTS AND THE EFFECTS ON SUSTAINED ATTENTION
<b>James Larkin</b>	THE EFFECT OF POWER ON WORKING MEMORY IN OLDER ADULTS
<b>Cognition</b>	
<b>10.00 Room TR4</b>	
<b>Bronagh Donohoe</b>	AN INVESTIGATION INTO THE RELATIONSHIP BETWEEN RECOGNITION OF EMOTIONAL EXPRESSIONS, EMPATHY AND MIND READING
<b>Brian Pennie</b>	EXAMINING A RELATIONAL FRAME THEORY (RFT) ACCOUNT OF MATERIALISM USING THE IMPLICIT RELATIONAL ASSESSMENT PROCEDURE (IRAP)
<b>Jamie Cummins</b>	EXPLICITLY QUESTIONING IMPLICIT ASSUMPTIONS: AN OUTLINE OF ASSUMPTIONS AND ISSUES IN THE FIELD OF IMPLICIT TESTING
<b>Aisling Davies</b>	THE EFFECTS OF TASK SPEED ON BEHAVIOURAL RESPONSES AND MIND-WANDERING IN THE SUSTAINED ATTENTION TO RESPONSE TASK
<b>Mairead Healy</b>	IMPROVING PITCH PERCEPTION: REOPENING CRITICAL-PERIOD-LIKE LEARNING THROUGH AUDITORY AND VISUAL DISINHIBITION TASKS IN ADULT MUSICIANS
<b>Mental Illness and Mental Health – Session 1</b>	
<b>10.00 Room TR8</b>	
<b>Niamh Daly Ryan</b>	INDEPENDENT COMPUTERISED COGNITIVE REMEDIATION FOR PSYCHOSIS: AN INVESTIGATION OF PATIENT EXPERIENCES
<b>Mary Forde</b>	MENTAL HEALTH, STUDENT EXPERIENCE AND SUPPORT NEEDS OF STUDENT CARERS

<b>Casey Donaghey</b>	PSYCHOLOGICAL FACTORS RELATED TO INTRUSIVE THOUGHTS IN AN IRISH STUDENT POPULATION
<b>Aoife Rice</b>	THE EFFECTIVENESS, FEASIBILITY AND ACCEPTABILITY OF A MINDFULNESS-BASED INTERVENTION IN TWO IRISH PRIMARY SCHOOLS
<b>Adolescent and Youth Experiences</b> <b>10.00 Albert Lecture Theatre</b>	
<b>Aileen Russell</b>	“WHAT WORKS?” FACTORS THAT DETERMINE A POSITIVE OUTCOME FROM SECURE RESIDENTIAL CARE; A YOUNG PERSON’S PERSPECTIVE
<b>Sinead Hodgins</b>	KNOWLEDGE AND CONFIDENCE OF CLINICIANS IN AN IRISH CAMHS SERVICE WHEN WORKING WITH TRANSGENDER YOUTH; AND THE FACTORS CLINICIANS REPORT WILL ASSIST THEM IN THIS WORK
<b>Anna McInerney</b>	THE RELATIONSHIP BETWEEN TRAUMATIC EXPERIENCES AND ALCOHOL/DRUG USE AS REPORTED BY YOUNG PEOPLE ADMITTED TO YOUTH DETENTION IN IRELAND
<b>Ciara Corcoran</b>	YOUNG PEOPLE’S ATTENTION TO SOCIAL MEDIA FOOD POSTS: EXPLORING THE EFFECT OF CONTENT AND SOURCE OF POST USING EYETRACKING
<b>Megan Fahy</b>	LGBT STUDENTS' ADJUSTMENT TO UNIVERSITY LIFE

## Session 2

<b>Autism Spectrum Disorder and Neuropsychology</b> <b>11:45 Room TR2</b>	
<b>Aine Sutton</b>	AN INVESTIGATION INTO THE PROTECTIVE FACTORS AGAINST MENTAL ILL-HEALTH WHICH ARE AVAILABLE TO WOMEN ON THE AUTISM SPECTRUM IN IRELAND
<b>Jennifer Keating</b>	AN INVESTIGATION OF PERSPECTIVE TAKING AND THEORY OF MIND IN THE GENERAL POPULATION AND THE IMPACT OF AUTISM TENDENCIES AND PSYCHOSIS PRONENESS
<b>Matthew O'Sullivan</b>	BEHAVIOURAL SUBGROUPS IN ASD – INSIGHTS INTO AGGRESSION
<b>Sine Sykes</b>	MUSICAL BUMPS: A PRELIMINARY STUDY OF MUSIC-EVOKED AUTOBIOGRAPHICAL MEMORIES IN ADULTS WITH HYDROCEPHALUS
<b>Sarah O'Connor</b>	TIME TO DRAW THE LINE ON VISUAL MEMORY TESTS? CLARIFYING THE CLINICAL UTILITY OF VISUAL MEMORY TESTS IN PREDICTING LATERALITY IN TEMPORAL LOBE EPILEPSY (TLE)
<b>PSYCHOLOGY AND HEALTH</b> <b>11:45 Room TR3</b>	
<b>Aine Mahon</b>	DIABETES DISTRESS AND QUALITY OF LIFE IN YOUNG ADULTS WITH TYPE 1 DIABETES
<b>Michaela Hammond</b>	GENERAL PRACTITIONERS' VIEWS ON THE FOLLOW-UP CARE OF POST-TREATMENT CANCER SURVIVORS: A QUALITATIVE STUDY
<b>Shane Mulligan</b>	THE CORE FEATURES AND OUTCOMES OF A SPECIALISED CAMP PROGRAMME FOR CHILDREN WITH LIFE-LIMITING CONDITIONS AND THEIR FAMILIES: A QUALITATIVE MULTI-PERSPECTIVE APPROACH
<b>Katie Moran</b>	THE INCATM (INHALER COMPLIANCE ASSESSMENTTM): A COMPARISON WITH ESTABLISHED MEASURES OF ADHERENCE
<b>Eimer Cadogan</b>	USE MINDFULNESS TO DESTRESS? THE EFFECTS OF MINDFULNESS INTERVENTIONS ON PHYSIOLOGICAL STRESS AND PERCEIVED STRESS

<b>Psychology and Society</b> <b>11:45 Room TR4</b>	
<b>Siobhan O'Connor</b>	HOW CAN WE COMMUNICATE RESEARCH MORE EFFECTIVELY IN PSYCHOLOGY?
<b>Emer Elizabeth Long</b>	LGB EXPERIENCES OF THE 2015 SAME-SEX MARRIAGE REFERENDUM
<b>Michelle Tuohey</b>	PREDICTORS OF JOB SATISFACTION IN IRISH BASED TEACHERS
<b>Hollie Duff and Fiona Craddock</b>	REFLECTIONS ON THE PROCESS OF CONDUCTING A SYSTEMATIC REVIEW
<b>Mental Illness and Mental Health - Session 2</b> <b>11:45 Room TR8</b>	
<b>Rand Al-Houssan</b>	CULTURAL RELEVANCE AMONG ASIAN MINORITY GROUPS OF AN ONLINE CBT INTERVENTION"
<b>Nicola Mitchell</b>	EXPLORING THE EXPERIENCES OF BEREAVED PARENTS WITH NO SURVIVING CHILDREN
<b>Eimear Mannion</b>	REACTIONS TO DEPRESSION: EXPLORING FACIAL CUES TO DEPRESSION USING THE IMPLICIT ASSOCIATION TEST
<b>Leanne Gibney</b>	SIBLING SEXUAL ABUSE: AN EXPLORATORY STUDY
<b>Laura Howard Brosnan</b>	ENHANCED ATTENTION TO CONTEXT: AN INTERVENTION THAT INCREASES PERCEIVED CONTROL IN MILD DEPRESSION
<b>Developmental and Educational Psychology</b> <b>11:45 Albert Lecture Theatre</b>	
<b>Sarah Lawson</b>	DYNAMICS OF FATHER'S INFANT DIRECTED SPEECH: INFLUENCE ON INFANT LANGUAGE DEVELOPMENT
<b>Emmet Costello</b>	AN INVESTIGATION OF THE USE OF STANDARDISED LEAVING CERTIFICATE PERFORMANCE AS A POTENTIAL METHOD OF ESTIMATING PRE-MORBID INTELLIGENCE
<b>Niamhin O'Dowd</b>	ENVIRONMENTAL INFLUENCES ON CHRONIC BIOLOGICAL STRESS IN 12-MONTH OLD INFANTS
<b>Dorota Wieckowska</b>	THE CHILDREN METACOGNITIVE TASK (CMCT): DEVELOPING AN ASSESSMENT TOOL MEASURING CHILDREN'S METACOGNITION OF EMOTION
<b>Niamh Doody</b>	SELF-ESTEEM, SELF-CONCEPT AND BODY-IMAGE IN ADOLESCENTS WITH AND WITHOUT TYPE-1 DIABETES MELLITUS

# Poster Presentations

- 1 **Avril  
Brandon** "I'M NOT RACIST BUT..." – MEASURING IMPLICIT RACISM IN A MULTICULTURAL SOCIETY
- 2 **Michelle  
Hanlon** AN EVALUATION OF PSYCHOTHERAPEUTIC INTERVENTIONS DELIVERED ONLINE AND IN PERSON FOR CHRONIC PAIN: PROTOCOL FOR SYSTEMATIC REVIEW AND NETWORK META-ANALYSIS
- 3 **Leanne  
Gibney** AN EXAMINATION OF AUTISM SPECTRUM DISORDER DIAGNOSTIC PROCEDURES WITHIN AN EARLY INTERVENTION TEAM
- 4 **Henry  
Behan** CLINICAL PSYCHOLOGISTS' PERSPECTIVES OF MENTAL HEALTH SCREENING OF ADOLESCENTS AND CHILDREN: A QUALITATIVE STUDY
- 5 **Michelle  
Hanlon** COST AND IMPACT OF ARTHRITIC CONDITIONS AND OSTEOPOROSIS IN IRELAND
- 6 **Corinne  
McCabe** EFFECTIVENESS OF A COMPUTERISED COGNITIVE REHABILITATION PACKAGE ON RESTORING HEALTHY ADULT COGNITIVE FUNCTIONING FOLLOWING ACQUIRED BRAIN INJURY.
- 7 **Maebh  
Foley** EXPLORING MUSICAL ACTIVITIES AND THEIR RELATIONSHIP TO EMOTIONAL WELL-BEING IN ELDERLY PEOPLE ACROSS EUROPE
- 8 **Julie  
Lynch** EXPLORING THE IMPACT OF CHORAL SINGING ON MINDFULNESS
- 9 **Ella Maki** EXPLORING THE RELATIONSHIP BETWEEN SPIRITUALITY AND SELF-REPORTED LEVELS OF STRESS
- 10 **Gillian  
Motyer** INVESTIGATING THE PSYCHOSOCIAL IMPACT OF ADOLESCENT IDIOPATHIC SCOLIOSIS
- 11 **Alice  
Creavin** IRISH SIBLINGS EXPERIENCE OF LIVING WITH AUTISM
- 12 **Rachael  
McKenna** PERCEIVED BENEFITS OF A DISTRESS TOLERANCE MODULE WITHIN A MENTAL HEALTH SETTING

- 13 **Clare Sheridan** STAFF AND PUBLIC ATTITUDES TOWARDS SEXUALITY, MARRIAGE AND PARENTING REGARDING PEOPLE WITH INTELLECTUAL DISABILITIES
- 14 **Niamh O'Rourke** STRESS AND ANXIETY OF IRISH BASED FIRE FIGHTERS AND THEIR COPING MECHANISMS
- 15 **Clodagh Cremen** THE EFFECT OF A RELAXING BIOFEEDBACK INTERVENTION ON ABSENTMINDEDNESS
- 16 **Evan Hunt** THE EFFECT OF EARLY ADAPTIVE SCHEMAS ON THEORY OF MIND IN PSYCHOSIS & HEALTHY PARTICIPANTS, AS MODERATED BY CHILDHOOD TRAUMA.
- 17 **Emma Cullen** THE IMPACT OF FAMILY FUNCTIONING ON EXECUTIVE SKILLS IN JUNIOR AND SENIOR INFANTS
- 18 **Rachael Kelleher** A CROSS-CULTURAL INVESTIGATION OF EXPERIENTIAL AVOIDANCE, INDIVIDUALISM-COLLECTIVISM AND RELIGIOUS COMMITMENT

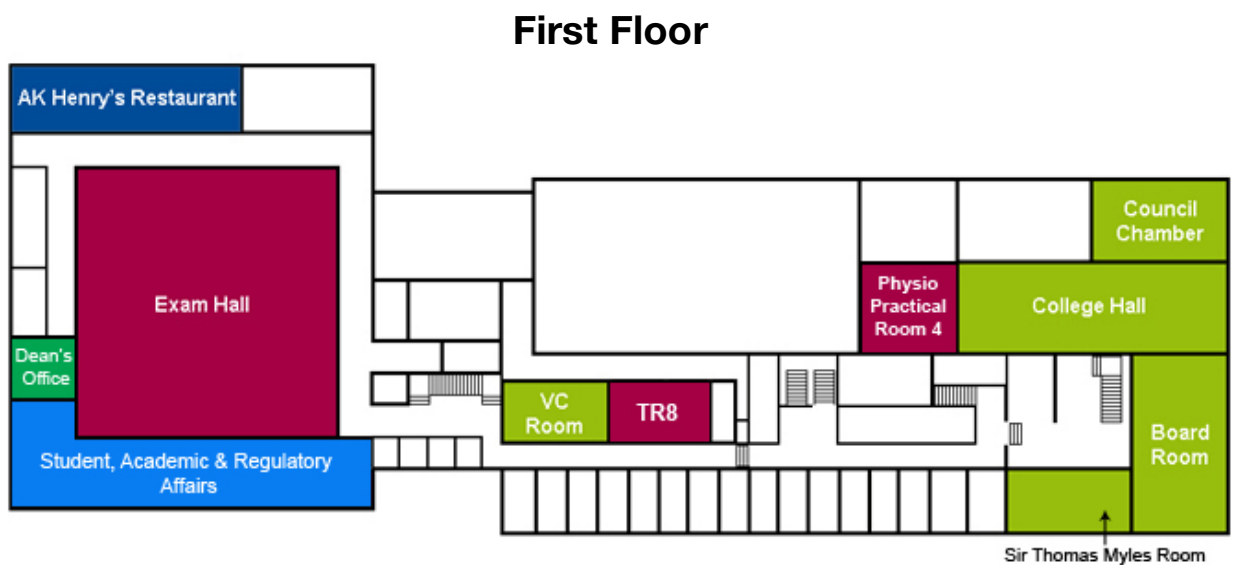
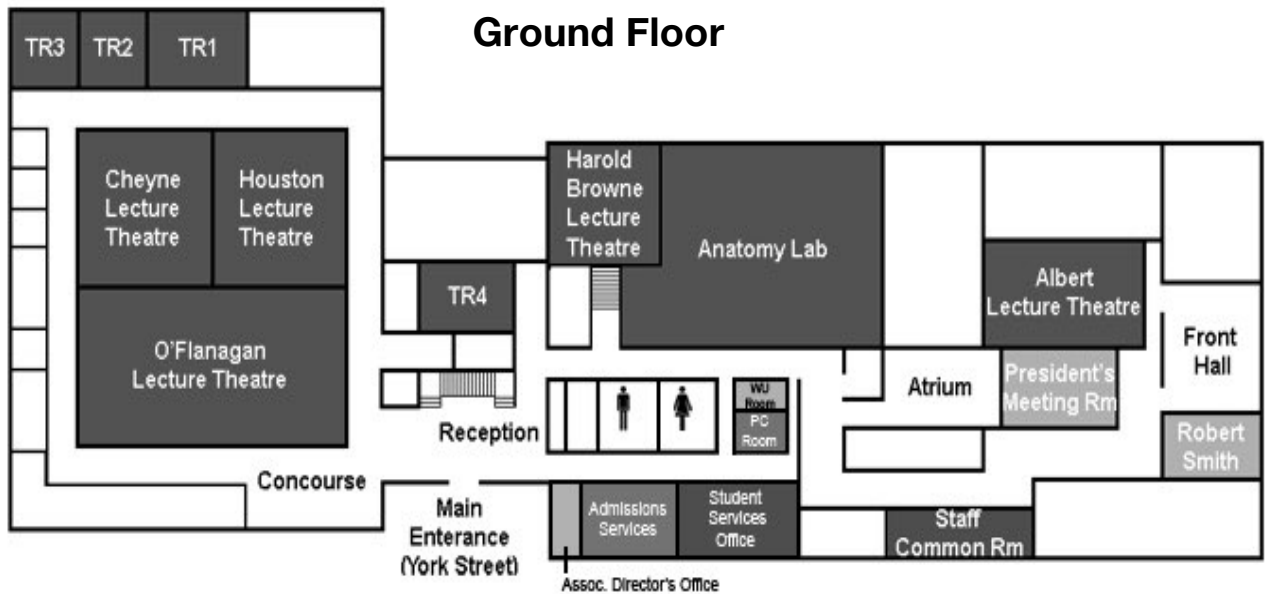
# Map of RCSI

Please note that the front entrance onto St Stephens Green will only be open from 08:30 - 10:30 and from 16:30 - 18:30.

Outside those hours, you can enter and leave the building via the entrance on York St.

Today's conference takes place on the Ground Floor, with the exception of presentations and workshops scheduled in **TR8**, which is on the First Floor.

Please follow signs or ask conference volunteers for directions!



## NOTES



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