

PSI Early Graduate Group Conference 2018

Looking Ahead: The Future of Psychology



Conference Guide



Welcome



On behalf of the Psychological Society of Ireland Early Graduate Group, I am delighted to welcome you all to our fifth annual conference which has been generously supported by NUI Galway School of Psychology. There is so much to look forward to at this year's conference. Our keynote speaker, Dr Ken Kerr, will kick things off with his presentation on ethics and professional practice. The conference committee has also set up wonderful workshops which include Dr Helena Lydon's enhancing clinical skills with behavioural analysis, Dr Chris Noone's publication and impact workshop, Dr Ann-Marie Creavan and Fiona O'Donovan's introduction to open science and finally the returning peer reflective practice facilitated by the EGG committee.

This year we have a notably high standard of research in both the oral and poster presentations. Presenting is such an important part of the career of both early career and qualified Psychologists and I believe this is a great platform on which to begin or enhance these skills. I wish the best of luck to all of today's presenters.

Conferences take a lot of work to get off the ground and so I would like to take this opportunity to thank the Chair of the conference Kathryn Lambe and her committee, Alison Dillon and Arran Kennedy. This conference has always contributed to the career and development of graduate Psychologists and so their dedication to providing such an amazing day is so valuable and commendable.

Today is about you the delegates and this wonderful field we have all chosen to get involved with, Psychology. I encourage you all to get involved in the learning and to connect with one another. We all need support during this challenging time in our careers. We hope you enjoy the day.

Warm regards,
Ger McNamara
PSI EGG Chairperson

Schedule

08:30	Registration			
09:00	Opening by Chairperson Geraldine McNamara and Keynote Address by Dr Ken Kerr Title: Ethics and Professional Practice: Identifying challenges and points of reflection			
10:00	Oral presentations - Session 1		See pages 8 & 9 for full presenter listing	
	Lecture Hall	G006	G008	G009
	Mental Illness and Mental Health	Cognition and Intellectual Disability	Mental health across the lifespan	Psychology and the social world
11:30	Coffee break in Foyer			
12:00	Oral presentations - Session 2		See pages 10 & 11 for full presenter listing	
	Lecture Hall	G006	G008	G009
	Mental Illness and Mental Health	Developmental and educational psychology	Service provision in mental health	The mind and the body
13:30	Lunch and poster viewing in Foyer		See pages 12 & 13 for full poster listing	
14:30	Workshops			
	Lecture Hall	G006	G008	G009
	Dr Chris Noone	Dr Helena Lydon	Dr Anne-Marie Creavan and Fiona O'Donovan	Dorothy Rowley, Robyn Mulligan, Ger McNamara and Caroline Wheeler
	Planning for publication and impact	Enhance your clinical skills with behaviour analysis	Introduction to open science for early career psychologists	Peer reflective practice for early career psychologists
16:00	Coffee break in Foyer			
16:45	Closing address and prize ceremony: Dr Brendan O'Connell, President, Psychological Society of Ireland			
	Social gathering at McGettigans			

Acknowledgements

The Early Graduate Group Committee would like to thank the following people for assistance and support:

Keynote and Closing Speakers

Dr Ken Kerr and Dr Brendan O'Connell

Workshop facilitators

Dr. Helena Lydon, Dr Chris Noone, Dr Ann-Marie Creavan, Fiona O'Donovan
Dorothy Rowley, Robyn Mulligan, Ger McNamara and Caroline Wheeler

National University of Ireland Galway

John Bogue and Olivia McBride

PSI

Alison Corr and Terri Morrissey

Conference Abstract Committee

Katie Doherty, Alison Dillon, Fiona O'Donovan and Fiona Lucey.

Special Thanks to

Brendan O'Connell, President, Psychological Society of Ireland

and

Brainworx.ie

and

The School of Psychology NUIG for generous support and sponsorship



Conference Essentials

Abstracts

Abstracts for oral and poster presentations are available at <http://psieggconference.weebly.com/presentations.html>

Certificates

Certificates of attendance available on request from psieggconference@gmail.com

Wi-Fi

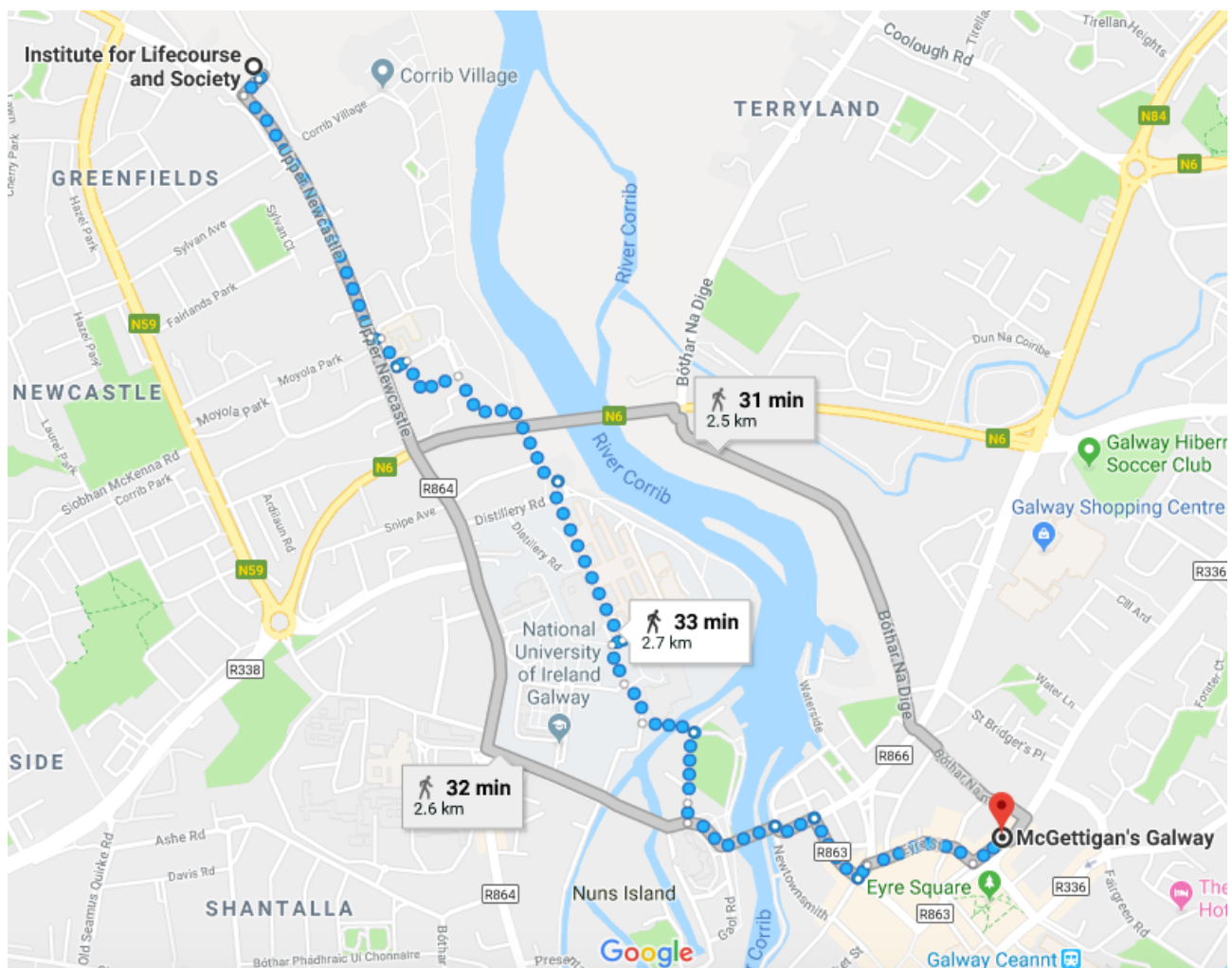
Wifi: NUIGWIFI
User: 9876001t
Password: uckfe7888

Social Media

When posting on social media, please use the hashtag **#PSIEGG2018** and join the conversation!

Social Gathering

Please come and join us for a social gathering at McGettigans after the conference.
The 404 bus to Eyre Sq stops hourly on Saturdays at 10 minutes to the hour outside



Keynote Speaker



Dr Ken Kerr

Dr. Ken Kerr is a Senior Psychologist for the HSE in Sligo/Leitrim, where he specializes in improving the quality of life for individuals with a disability through the use of evidence-based supports.

He was one of the driving forces behind the growth of Behaviour Analysis in Ireland as Director of Training for Parents Education as Autism Therapists (PEAT) and as Director of Education at Saplings School.

Ken is also a lecturer, researcher and author. His research and practice interests include challenging behaviour, precision teaching and the use of non-restrictive practice when supporting individuals with Intellectual Disability and Autism Spectrum Disorder.

Workshops

Enhance Your Clinical Skills Using Behaviour Analysis

Facilitated by Dr. Helena Lydon, Lecturer at School of Psychology, NUI Galway

This workshop will discuss with psychology graduates the use of a behavioural approach to the assessment of challenging behaviour and the use of the principles of behaviour in clinical work. The workshop will discuss how to undertake functional assessment, and share with attendees a number of resources and tool to assist you in undertaking as assessment. The workshop will also address how we can work with individuals to support them to identify their own behavioural patterns. In addition, the workshop will discuss the use of the principles of behaviour, misconceptions around their use and their application in clinical work (e.g. reinforcement, extinction, and non-contingent reinforcement) to build rapport, increase a client engagement within a session, and encouraging skill building between sessions. The workshop will draw upon examples across populations, namely typically developing children, adolescents with mental health issues, as well as adults and children with developmental disabilities.

Planning for Publication and Impact

Facilitated by Dr Chris Noone, Lecturer at School of Psychology, NUI Galway

While publishing research is vital to scientific progress, it is often more likely to be discussed in terms of career progress. The pressure to "publish or perish" has constrained early career researchers to traditional ways of thinking about and carrying out research dissemination (Nicholas et al., 2017). However, governments, funding bodies and universities - and importantly, the general public - are increasingly interested in the dissemination of research beyond academic journals. Such impact is becoming important to career progression too. This workshop will give participants some tools and tips for creating a dissemination plan which involves publication and other types of impact.

Introduction to Open Science for Early Career Psychologists

Facilitated by Dr Ann-Marie Creaven, Lecturer at School of Psychology, University of Limerick, and Fiona O'Donovan, PhD candidate at Department of Psychology, Royal College of Surgeons

Psychologists are increasingly reflecting on traditional scientific practices and how best to meet the challenges posed by the replication or reproducibility "crisis". Early career researchers in particular have driven several important open science developments that help advance the contribution of psychological science to society more broadly. In this workshop, Ann-Marie Creaven and Fiona O'Donovan will introduce a range of open science techniques that can be implemented by early career psychologists in research and applied settings. This session will highlight how these practices can facilitate effective collaboration, increase your visibility as an early career psychologist, and boost the impact of your work.

Peer Reflective Practice

Facilitated by Dorothy Rowley, Robyn Mulligan, Ger McNamara and Caroline Wheeler

Bringing back our enormously popular peer reflective practice workshop from last year's conference, committee members from the Early Graduate Group will facilitate discussion and reflection on the experience of Early Career Psychologists in their roles. The workshop will involve discussions of the varied experience of early graduates in Ireland today. Topics will include experiences applying for courses and jobs, lessons learned, positive experiences. The goal is to gain a better understanding of what keeps us motivated and what helps us cope when the psychology career pathway can be challenging. The workshop will take the form of small group discussions and exercises.

Oral Presentations

Session 1

MENTAL ILLNESS AND MENTAL HEALTH - SESSION 1	
10.00 LECTURE HALL	
NIAMH BIRD	“CAUSE IT’S A REAL BLOKEY THING TO DO”. THE BREAKTHROUGH PROGRAMME: OPENING THE DOOR TO PSYCHOTHERAPY THROUGH MIXED MARTIAL ARTS.
EMILY O’CALLAGHAN	AN EXPLORATORY STUDY OF COMPASSION FOCUSED THERAPY AS AN INTERVENTION FOR PSYCHOSIS.
JOSEPH LAVELLE	CHATBOT-DELIVERED COGNITIVE DEFUSION VERSUS COGNITIVE RESTRUCTURING FOR NEGATIVE SELF-REFERENTIAL THOUGHTS
EMMA BOHAN	THE PUBLIC STIGMA OF SUICIDE: AN ORGANISATIONAL PERSPECTIVE
JOHN MCMAHON	GAY ‘BOYS DON’T CRY’ EITHER. EMOTION AND GENDER ROLES IN GAY MEN.
COGNITION AND INTELLECTUAL DISABILITY	
10:00 G006	
RACHEL O’CONNOR	SPONTANEOUS HELPING IN FEMALE AND MALE (PRE-)ADOLESCENTS WITH AND WITHOUT AUTISM
CLÍONA HUNT	UNDERSTANDING ASD USING PREDICTIVE CODING THEORY: AN MEG ANALYSIS STUDY
DEREK WALSH	“SORRY MATE, I DIDN’T SEE YOU!”: INATTENTIONAL BLINDNESS FOR MOTORCYCLES UNDER PERCEPTUAL LOAD.
KATE DARMODY	HOLISTIC PROCESSING OF WORDS AND FACES IN DYSLEXIA.

MENTAL HEALTH ACROSS THE LIFESPAN	
10.00 G008	
SARAH SUMMERVILLE	INTRODUCING THE SOCIAL ROBOT MARIO TO PEOPLE LIVING WITH DEMENTIA IN LONG TERM RESIDENTIAL CARE: REFLECTIONS
NIAMH DAVOREN	NEUROPROTECTIVE EFFECTS OF RASAGILINE IN A ZEBRAFISH 6-OHDA MODEL OF PARKINSON'S DISEASE
JOANNE KENNEY	PROCESSING SPEED PERFORMANCE AND FUNCTIONING IN YOUNG ADOLESCENTS EXPERIENCING SUBCLINICAL PSYCHOTIC EXPERIENCES
CATHAL Ó CURRAOIN	SELF-COMPASSION AS A PROTECTIVE FACTOR AGAINST PSYCHOLOGICAL DISTRESS IN YOUNG ADULTS
TIM VAN WANROOIJ	SENSITIVITY, NOW WHAT?: AN EXPLORATION OF HIGHLY SENSITIVE PEOPLE IN UNIVERSITY.
PSYCHOLOGY AND THE SOCIAL WORLD	
10.00 G009	
ÁINE NÍ GHRÁDA	REVENGE PORN: AN EXPLORATION OF YOUNG MALES' ATTITUDES AND PERCEPTIONS TOWARDS IMAGE-BASED SEXUAL ABUSE.
NIAMH NI DHOMHNAILL	FROM SILENCE TO NOISE: LGBT EXPERIENCES OF DISCLOSING SEXUAL VIOLENCE.
SALLY BYRNE	IMPACT OF SENTENCE LENGTH, SENTENCE COMPLEXITY AND TRUTHFULNESS ON PERCEIVED DECEPTION ONLINE
MEGAN MCGINLEY	HOMELESSNESS: A TRAUMA CONTAGION?

Session 2

MENTAL ILLNESS AND MENTAL HEALTH - SESSION 2 12:00 LECTURE HALL	
KATIE MCCLEAN	A QUALITATIVE ANALYSIS OF THE EXPERIENCE OF BEREAVED PARENTS WITH NO SURVIVING CHILDREN: EXPLORING THE VIEWS OF PARENTS AND PROFESSIONALS.
EVAN HUNT	THE EFFECT OF EARLY ADAPTIVE SCHEMAS ON THEORY OF MIND IN PSYCHOSIS & HEALTHY PARTICIPANTS, AS MODERATED BY CHILDHOOD TRAUMA.
ORLA WALSH	THE QUARTER-LIFE CRISIS: INVESTIGATING EMOTIONAL INTELLIGENCE, SELF-ESTEEM AND MAXIMIZATION AS PREDICTORS OF COPING SELF-EFFICACY
MIRIAM HAND	LIVING IN A HETERONORMATIVE WORLD: LGBT FORUMS VERSUS LGBT FACEBOOK GROUPS AS SOURCES OF SUPPORT AND WELL-BEING.
DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY 12:00 G006	
CLARA HOYNE	EXPLORING THE EFFECT OF THE HOME LEARNING ENVIRONMENT AND PARENTAL INVOLVEMENT ON COGNITIVE DEVELOPMENT IN EARLY CHILDHOOD
JULIE DORGAN	UNDERSTANDING “NON-RESPONDERS” TO PARENTING INTERVENTIONS FOR CHILDHOOD ANXIETY PRESENTATIONS
ANNE-MARIE MCGOVERN	PRIVILEGING THE VOICE OF PARENTS AND CHILDREN IN PARENTING RESEARCH: HOW PARENTS' AND CHILDREN'S EXPERIENCES OF FAMILY LIFE AND PARENTING PROGRAMMES IN MARGINALISED COMMUNITIES CAN INFORM EDUCATIONAL WELFARE POLICY AND PRACTICE.

SERVICE PROVISION IN MENTAL HEALTH	
12:00 G008	
GERALYNN WALSH AND EMMA RYAN	REFLECTING ON THE LIVED EXPERIENCE OF AN ASSISTANT PSYCHOLOGIST IN A CLINICAL SETTING
ZARA WALSH AND LISA CLOGHER	AN EVALUATION OF ACCESS TO PSYCHOLOGICAL SERVICES IRELAND: YEARS TWO AND THREE
MARY TOBIN	“BUMPS IN THE SEATS”: BARRIERS AND FACILITATORS IN IMPLEMENTING AN INNOVATIVE INFANT MENTAL HEALTH BASED INTERVENTION FOR EXPECTANT PARENTS IN A COMMUNITY SETTING
JAMIE SPIERAN	BARRIERS TO ACCESSING DUAL DIAGNOSIS TREATMENT: PERSPECTIVES FROM FRONTLINE PROFESSIONALS
THE MIND AND THE BODY	
12:00 G009	
MARIA DILLON	'TYPE D PERSONALITY AND CARDIOVASCULAR REACTIVITY TO STRESSORS
AMY WALSH	EFFECTS OF THE ORAL CONTRACEPTIVE PILL: PSYCHOLOGICAL AND PHYSIOLOGICAL VARIABLES.
AMANDA SESKER	CONSCIENTIOUSNESS AND CARDIOVASCULAR REACTIVITY: SEX DIFFERENCES AND SIMILARITIES IN ACUTE STRESS RESPONSE

Poster Presentations

1	TONI GALLIGAN	THE MAGIC HAND: PLASTICITY OF MENTAL HAND REPRESENTATION
2	CIARA CAHILL	ARE IMPLICIT ATTITUDES TOWARDS INTELLECTUAL DISABILITY INFLUENCED BY SOCIAL CONTACT AND/OR EMPATHY LEVELS.
3	KATE O'NEIL	AN EXPLORATORY STUDY INVESTIGATING ADOLESCENTS' EXPERIENCE WITH SNAPCHAT
4	DANIEL O'NEILL	THE POSITIVES AND NEGATIVES ASSOCIATED WITH GAA MEMBERSHIP.
5	JAMES SHEERIN	CHANGE THE WAY YOU ACT: IS GROUP ACT AN EFFECTIVE INTERVENTION IN AN ADULT COMMUNITY MENTAL HEALTH SETTING?
6	LAURA BUCKLEY	FITSPIRATION AND BODY POSITIVITY; SOCIAL MEDIA TRENDS AND MOTIVATION TO ENGAGE IN HEALTH BEHAVIOUR
7	LAURA MOORE	THE MEDIATING ROLE OF SOCIAL SUPPORT IN THE RELATIONSHIP BETWEEN EMOTION AWARENESS AND SOCIAL ANXIETY
8	AOIFE CLANCY	"I DON'T JUST WANT TO SPEAK; I WANT TO KNOW THAT I'M BEING HEARD": A THEMATIC ANALYSIS OF EXPERIENCES OF SERVICE PROVISION FOR ADULTS WITH INTELLECTUAL DISABILITY
9	KATE ASTON	ATTITUDES TOWARDS PEOPLE WITH AUTISM SPECTRUM DISORDERS. HUMOUR AS A VEHICLE FOR POSITIVE CHANGE IN PERCEPTIONS.
10	CHERISH MILEN FAUSTINO	AT WHAT COST DOES MONEY MAKE THE WORLD GO ROUND? CAUSES AND EFFECTS OF MATERIALISM
11	EMMA HICKEY	"I CAN BE GIVEN SUPPORT BY PEOPLE WHO UNDERSTAND MY PROBLEMS..." YOUNG PEOPLES' VIEWS AND EXPERIENCES OF THEIR HELP-SEEKING JOURNEY THROUGH A CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (CAMHS) – A PILOT STUDY ON THE PRACTICAL IMPLEMENTATION OF SERVICE USER RESEARCH IN SECONDARY CARE MENTAL HEALTH SERVICES.
12	ROSIE MCKENNA	A STEPPED CARE APPROACH TO TEACHER PSYCHOEDUCATION THROUGH WORKSHOPS FACILITATED BY ASSISTANT PSYCHOLOGISTS IN PRIMARY CARE PSYCHOLOGY
13	ELSA KALLMAN	MENTAL HEALTH LITERACY AND STIGMA – AN ANALYSIS OF THE EFFICACY OF IRELAND'S AWARENESS CAMPAIGNS
14	AMY WALSH	ENHANCING PERCEPTIONS OF CONTROL IN DEPRESSED AND NON-DEPRESSED VOLUNTEERS USING A MOBILE PHONE INTERVENTION
15	DEARBHAILE MAHON	A SYSTEMATIC REVIEW OF TRAINING STRATEGIES TO TEACH STAFF IMPLEMENTATION OF BEHAVIOURAL INTERVENTIONS

16	CHLOE WALSH AND AOIFE HEHIR	TITLE: WHAT ARE THE EXPERIENCES OF CAREGIVERS OF SCHOOL-AGED CHILDREN WITH AUTISM IN ACCESSING AND UTILISING HEALTH CARE SERVICES? A CROSS-SECTIONAL SURVEY.
17	LAOISE O'REILLY	POSITIVE LIVING IN A STRESSFUL WORLD: EVALUATING A PILOT PROGRAMME FOR INCREASING RESILIENCE WITHIN A SECONDARY MENTAL HEALTH SERVICE
18	HELENA LEE	AN EXAMINATION OF THE FACTORS IMPACTING CHILDREN'S ATTITUDES TOWARD PEERS WITH AUTISM SPECTRUM DISORDER AND THE EVALUATION OF A VIDEO-BASED INTERVENTION TO IMPROVE ATTITUDES
19	CATHERINE RICE	E-CIGARETTES: PREVALENCE AND PERCEPTIONS AMONG UNIVERSITY STUDENTS
20	EMER GORMLEY	ALEXITHYMIA AND EMOTION REGULATION: A CORRELATIONAL STUDY IN A SAMPLE OF TEENAGERS WITH AUTISM SPECTRUM DISORDERS (ASD)
21	EADAON FODEN	ASSESSING ADOLESCENT PERCEPTIONS OF ACQUIRED BRAIN INJURY: CONFIRMATORY AND EXPLORATORY FACTOR ANALYSIS
22	CAOIMHE KELLY	AN EXPLORATION OF HOW IRISH FEMALE ADOLESCENTS EXPERIENCE THE SOCIAL MEDIA SITE INSTAGRAM.
23	CAOIMHE MADDEN	THE DEVELOPMENT OF A PSYCHOLOGICAL RESILIENCE MEASURE FOR PHYSICIANS

Notes

Notes

Early Graduate Group

Established in 2012

The PSI Early Graduate Group was founded in 2012 by PSI Council with the main aims of representing graduate members within the society and acting on issues relevant to psychology graduates during the first 10 years of their career and assisting with the development of PSI graduate members. The PSI Early Graduate Group works in collaboration with the PSI Student Affairs Group, whereby student (affiliate) subscribers, postgraduate members and graduate members automatically become members of both groups.

Our Goal

The PSI EGG aims to help psychology graduates to develop their career in the first 10 years after graduation. The group aims to give a voice to graduates within the PSI by addressing issues or difficulties experienced by graduates and representing them on PSI Council. One of the most pertinent issues which we aim to address is the development of a policy document on the regulation and operation of assistant psychologist posts in Ireland.

How do I join?

Once you join the PSI as a student subscriber, affiliate subscriber or a postgraduate member or graduate member (within the first 10 years of graduating from your undergraduate degree), you automatically become a member of the PSI EGG. If you have any queries around membership please contact us at earlygraduategroup@gmail.com.

How can I help?

If you'd like to join the EGG committee please contact us by email and express your interest to see if there is currently an open role. We also have a yearly meeting every December open to all members where we discuss the previous year, plans for the upcoming year, and confirm the new committee.